

THE PARISH NEWSLETTER MAY 2010

The Nativity of the Mother of God Russian Orthodox Church 518 869-3932

A parish of the Russian Orthodox Church Abroad www.albanyrocor.org

Mitered Protopriest Wsevolod Drobot Protopriest Father Michael Fritz

Protodeacon Michael Soloviev Subdeacon Andrei Podymow

THE SCHEDULE OF SERVICES AND MEETINGS FOR

MAY

Saturday Vigils: 6:00 p.m. Vigils of Feasts: 6:30 p.m.

Sundays & Feasts: 9:30 a.m., Hours; 9:50 a.m., the Divine Liturgy

2 Samaritan Woman

9 Blind Man

13 (Thursday) **Ascension**

16 Fathers of the First Council (**Church Council meets after
Coffee Hour**)

23 **Pentecost**

24 (Monday) **Day of the Holy Spirit [Holy Trinity Monastery,
Jordanville]**

30 All Saints

MAY NAMES' DAYS May God grant them many years!

1 Victor Turaev

5 Father Wsevolod Drobot

6 Alexandra McClure George Greene, Jr.

8 Marcus Hauf

11 Jason Baker

14 Jeremiah (Jay) Henry

16 Brendan Henry

18 Irina Tazin Irina Krykhtina Irina Ermoleko Irina Mazzuco Irina
Miller

21 Emilia Welsh Emilia Scott John Henry

22 Kristofer Kinnear Christopher McClure Christopher Levsha

23 Matushka Constance Fritz Tasia Fedorov

26 John (Rick) Schuler

31 Alexandra Sinkevich Christina Bushunow

Julia Mazzaferro Julia Tazin

COFFEE HOUR TEAMS FOR MAY

2 Xenia Drobot Anzhelika Cherkezov Ina Olson

9 Mothers' Day—no Coffee Hour

16 The Brotherhood

If you are unable to host on your assigned date, please switch dates with another group. After May 16 no coffee hours are scheduled until

September; however, from time to time the parish may be invited to one in conjunction with some family occasion, such as a baptism.

If your day is hemmed in with prayer, it's less likely to unravel—anonymous.

CHURCH SCHOOL SCHEDULE

Unless you are informed otherwise, this is the tentative schedule for the rest of Spring. Please have your children at the Church Hall by 8:30 a.m.

Sundays, May 2 and 16 Graduation, May 16

ARLENE'S BRAN MUFFINS

2 ripe, medium bananas, peeled (about 1 cup)
2 cups wheat bran cereal, such as "All Bran" (not flakes)
½ cup milk (or soy milk) 1/3 cup butter or margarine
½ cup sugar 1 teaspoon vanilla extract
1 egg (or powdered egg-substitute)
1 cup flour 2 teaspoons baking powder
½ teaspoon baking soda ½ teaspoon salt
½ cup raisins ½ cup walnuts ½ cup chopped dates

Mash bananas. In a medium bowl, combine cereal, milk, and bananas; set aside. Cream together butter, sugar and vanilla. Beat in egg. Beat in banana-bran mixture. Combine dry ingredients, and add to mixture. Stir until just blended. Stir in raisins, walnuts and dates. Spoon into 12 lightly greased muffin cups. Bake in a 400-degree oven for 18 to 20 minutes. Remove from pan. Cool on wire rack. Yield: 12 muffins and healthy bliss! (Make the usual adjustments on fasting days or for medical conditions.)

Your editor and his wife were guests for lunch a while ago at the home of his high school classmates, Arlene and Mike Josef. Arlene sent home a plate of these muffins with us. When I tried them the next morning, I just had to have the recipe for our own kitchen and to share with my parish

FROM OUR SISTERHOOD

Russian operatic music This concert has been cancelled.

Next meeting Sunday, May 2 after Coffee Hour

Arts & Crafts We need two people to take this over from the current chairman. It involves setting up a crafts table at our events, ordering items—including some from Russia, and keeping inventory. Call Monia Welsh at 459-4597 or RaeLynn (Anastasia) Gonyea (695-6865) for more information or to volunteer.

THE KONEVETS QUARTET

As was previously reported, this outstanding quartet will perform Tuesday, May 18 at our Church Hall. Its repertoire consists of Russian sacred music, from chants and hymns by twentieth century composers to ancient ones. Monies raised at these concerts are divided between the quartet and the restoration of the Konevets Monastery.

The first car to see that the light has turned green is the second car in line.

CONSECRATION COMMEMORATIVE BOOK UPDATE

The book—with about 150 pages and possibly a hard cover—**must go to the printers by May 10**. It will contain a history of our parish, current and prior clergy, the history of our Sisterhood and its fund-raisers, the Church School, the Building Committee, the closing of the Albany Parish, the construction of our new church, newspaper articles, and lots of photos of our parish life through the years--a wonderful keepsake for generations!

We ask all parishioners to consider putting in an ad in support of the blessed occasion of the consecration of our new church or otherwise to donate to defray the cost of the book, a copy of which will be given to every family attending the dinner following the consecration.

Some suggested ads: congratulating the parish, Father Wsevolod, or the Church Council; or in honor of ones parents or children or grandchildren; or in memory of ones grandparents or a favorite teacher—the list is endless. **So consider placing an ad by the deadline, Sunday, May 2**. They run \$25 for a business card size, \$50 for a quarter page, and \$100 for a half page. Slips of paper are available in the narthex for you to place one. Please address questions to a committee member: Natasha Smelova, Christina Fedorov-DiLello, Russell Patrician, or Xenia Drobot.

NEXT MONTH'S NEWSLETTER DEADLINE:

Thursday, May 27

Please submit articles by e-mail or in writing. Thanks for your cooperation.

Charlie Vas Murn

BACVAS@dishmail.net

OFF YOUR RUSTY DUSTY!

O.K.! Lent is over, and summer's coming—a perfect time to get in shape! Maksim Krykhtin, son of our Assistant Starsotsa, leads a class in Pilates (pee-LAH-tees) at our hall on Friday evenings at 7:15. Come, join! It's lots of fun and feels great. Those interested should contact

Matushka Cecelia Soloviev, informal registrar, at mcsred3@gmail.com or at 765-2871.

ST. SERAPHIM'S CAMP

The schedule for the camp this year is from Sunday, July 25 to Sunday, August 1. All parents should register their children as soon as possible at www.stseraphimcamp.com, but by the July 1 deadline. The price remains (unbelievably!) at \$175 per child.

The camp is always looking for volunteers to work where needed. If you would like to work in the kitchen, contact Tasia Fedorov (Tasbf@aol.com or 459-1253). If you are a certified lifeguard or are interested in being a counselor or in sports activities, contact Matushka Cecelia Soloviev (mcsred3@gmail.com or 765-2871). If you can help with Arts and Crafts, contact Tania Taylor (taylor.nine@juno.com) We need new people to get involved: The rest of us are getting older! Hope to see you there

ABOUT WALKING IN CHURCH DURING DIVINE SERVICES

“Of course, there is no need to mention that you should not wander aimlessly about the sanctuary. But what if you are late to the service, but you still want to venerate a particular icon, light a candle, etc.? You must remember two rules: not to walk around the church when the royal doors are open (the main doors of the iconostasis or the icon screen) and during the singing of the Eucharistic Canon or Anaphora. The Anaphora is the time when the Eucharistic bread and wine becomes the Body and Blood of our Savior. It begins after the singing of the Creed (“I believe...”) and ends with the singing of the Axion estin (“It is truly right to bless Thee, O Theotokos...”). Therefore, from the singing of the Creed until the end of the Axion estin walking about the church is not allowed. Also, it is most rude to walk about the church and light candles when the Gospel is being read or during the sermon, when all Christians should be listening.”

From “:On Church Etiquette” by Fr. Sergei

Sveshnikov

COLLEGE STUDENTS

A parishioner has suggested that our summer newsletters carry accounts of what our college students have been studying and what their goals are. We agree enthusiastically. Accordingly, students and parents are asked to cooperate with this most worthy request. Your editor has been impressed with our youth, steeped as they have been with Orthodox values. Now, let's hear about these works in progress!

The church grounds look glorious! How about saying thanks to our gardeners!