

THE PARISH NEWSLETTER NOVEMBER 2011

The Nativity of the Mother of God Russian Orthodox Church 518 869-3932
A parish of the Russian Orthodox Church Abroad www.albanyrocor.org
Mitered Protopriest, Fr. Wsevolod Drobot Protopriest, Fr. Michael Fritz
Priest, Fr. Andrei Rudenko Protodeacon, Fr. Michael Soloviev
Subdeacon, Br. Andrei Podymow Subdeacon, Br. Marcus Hauf

THE SCHEDULE OF SERVICES AND MEETINGS FOR NOVEMBER

**SUNDAYS & FEASTS: 9:30 a.m., HOURS; 9:50 a.m., THE
DIVINE LITURGY**

- 6 21st Sunday after Pentecost **Sisterhood of St. Olga meeting**
- 13 22nd Sunday after Pentecost
- 20 23rd Sunday after Pentecost **Church Council Meeting**
- 27 24th Sunday after Pentecost

NOVEMBER NAMES' DAYS May God grant them many
years!

- 1 Joel Nikiforov John Gonyea Ivan Schuler Joanna Markessinis
- 2 Artem Cherkezov
- 8 Dimitri Nikiforov Dimitri Bradley
- 10 Terence Johnson
- 11 Anastasia Parella
- 14 Julianna (Isabella) Henry
- 21 Protopriest Michael Fritz Protodeacon Michael Soloviev
Reader Michael Welsh Michael Levsha Michael Frantsov
Mikhail Miller Michael Sinkevich Michael Rudko Michael
Borscok Michael Hauf Gabriella Fritz Gabriella Welsh
- 24 Vincent Parella
- 27 Philip Davis Philip Brosgol
- 29 Matthew Hauf

NOVEMBER COFFEE HOUR TEAMS

- 6 Olga Kinnear Alexandra McClure Monia Welsh
- 13 Lydia Miller Erina Jess Marina Milller Larissa Miller
- 20 Victoria Alieva Natasha ?
- 27 Thanksgiving Weekend: Coffee and Bagels

 If you are unable to host on your assigned date,
 it is your responsibility to switch with another group.

**DEADLINE FOR THE DECEMBER ISSUE: Thursday,
November 24**

Please submit items by e-mail or in writing. Thanks for your cooperation.

Charlie (Vassily "The Fool") Murn

BACVAS@dishmail.net

Bring your bacon grease for Margo Beighey on Sunday, November 13!!!

THE TASTE OF RUSSIA

The Taste of Russia event will be held on Saturday, November 19 from 10:30 a.m. until 3:00 p.m. We'll need lots of help that day.

Please tell Margo Beighey of your availability: 371-7758 or

margo8v@aol.com

Here are the remaining dates for preparation.

Vareniki—tentatively cancelled; however, Margo Beighey will contact the appropriate persons if vareniki-making is rescheduled.

Golubtsy will be made at the Church Hall on Monday, November 7.

About six people are needed during that day for a few hours. Please call Margo to tell her when you are available. On Tuesday, November 8 she needs two at 8:00 a.m., then several more at 9:00 a.m. until about 3:00 p.m., plus two to bake until about 8:00 p.m. Any time you can give helps! She needs six to eight people on November 10 at 7:00 p.m. for packaging.

Lots of Baked Goods are needed on November 19, either to sell whole or cut up and wrapped. Also, please suggest prices for what you bake.

And bear in mind also...

"Honey Baked Ham" at 69 Wolf Road in Albany will offer \$25.00 gift certificates at Taste of Russia. 50% of all sales will be donated to our church! If you cannot be at this event, please see Margo Beighey for details as to how you might obtain certificates at another time. Margo says that their hams are very good.

CHOIR WORKSHOP: SATURDAY, NOVEMBER 12

"The Art and Techniques of Orthodox Choral Singing" is the title of this event to be held on Saturday, November 12 from 9:00 a.m. to 3:00 p.m. at Saint Basil Church, 21 Archibald Street, Watervliet. The \$20.00 fee includes workshop materials and lunch. The instructor will be Mark Bailey.

Orthodox music is a special repertoire designed to draw the worshipping community into the heart and meaning of liturgical prayer. As such it requires a special approach to singing and conducting. It is important for conductors and choir members to understand the basic techniques of a cappella singing, as well as the movements involved in conducting. Then they can translate their knowledge into productive, organized singing that elevates music to the level of truly meaningful worship.

The purpose of this workshop is to explore and enable effective techniques for rehearsing and singing the liturgy. Mark Bailey will teach and explain the arts and skills involved in singing as an a cappella choir. He will discuss, demonstrate, and facilitate participants' active participation through liturgical music designed for worship in today's Church. Complete details and the workshop registration form are available at http://nynjoca.org/files/2011/11-12/Music_Workshop_12NOV2011_Registration.pdf.

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THE LATEST FRESCO UPDATE

Several smaller Fresco Medallions are still available at \$500 each. If you wish to donate towards completed frescoes or to ask about any to be begun, call Tasia Fedorov at 459-1253. If you have already requested a medallion fresco and have not yet paid for it, please do so as soon as possible. If anyone would like to purchase a fresco as a gift and would like to have a certificate printed, that can be arranged, also.

"We are gathered here in a place of the most unjust execution of mankind: Jesus was killed on the cross, not because He was guilty, but because we are."

Jason Ewart, attorney, speaking at the funeral of Troy Anthony Davis

CHEESED CAULIFLOWER—with notes for fasting days

1 medium cauliflower 2 tsp. prepared mustard salt
½ cup mayonnaise (or Vegenaïse, or Nayonnaïse—made by Nasoya)
¾ cup sharp process cheese, shredded (or veggie cheddar shreds)

Remove leaves and trim base from cauliflower; wash. Cook whole in boiling salted water for 15 to 20 minutes, or until tender; drain. Place in ungreased, shallow baking pan. Sprinkle with salt. Mix mayo (or the alternative) and mustard and spread over cauliflower. Top with cheese. Bake at 375 degrees for about 10 minutes or until cheese is melted.

On restoring prayer, our "humble ascent to God", at the center of our daily lives

"So prayer is the greatest gift to man, not only because it connects man to God, but because it is also the need and solution for all things that man faces. People imagine that their problems can be solved on the horizontal level—through human capacities. No doubt something of this is necessary, but everything—without exception, all the cares and difficulties—should first be faced with prayer, that is, on the vertical level, by casting them at the feet of Jesus."

Spiritual Counsels of the Blessed Elder Paisios of Mt. Athos
+1994

**Daylight Saving Time ends 2:00 a.m. November 6.
Turn your clocks back one hour before you go to bed
Saturday night.**

Nativity of the Mother of God Russian Orthodox Church
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